




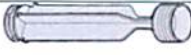
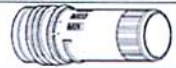





## Cleaning Instructions for in Home Use

Part	Pre-Cleaning Removal of dirt and dust with detergent		Disinfection Same Patient Use			
	Brush	Wash	Soak Eg. Miltons, tablets	Boil (household use) 3 minutes in pan (all components need to be well covered with water)	Dishwasher (household use) Standard Program > 58°C	
<b>CLEAN AFTER EACH USE</b>						
Breastshield	Yes	Yes	Yes	Yes	Yes	
Valve	Yes	Yes	Yes	Yes	Yes	
Membrane	Yes	Yes	Yes	Yes	Yes	
Bottle	Yes	Yes	Yes	Yes	Yes	
<b>CLEAN AS REQUIRED</b>						
Rubber Seal	Yes	Yes	Yes	Yes	Yes	
Piston	Yes	Yes	Yes	Yes	Yes	
Cylinder	Yes	Yes	Yes	Yes	Yes	
Vacuum Regulator Ring	Yes	Yes	Yes	Yes	Yes	
Cylinder Holder with Port Cap	Yes	Yes	Yes	Yes	Yes	
Silicone Tubing with Polygon Adapter	Yes	Yes	Yes	Yes	Yes	

**CAUTION: MICROWAVING WILL DESTROY THESE PRODUCTS**

Fisher & Paykel Healthcare do not take responsibility for Medela Breastpumps performance if cleaned by methods not listed.

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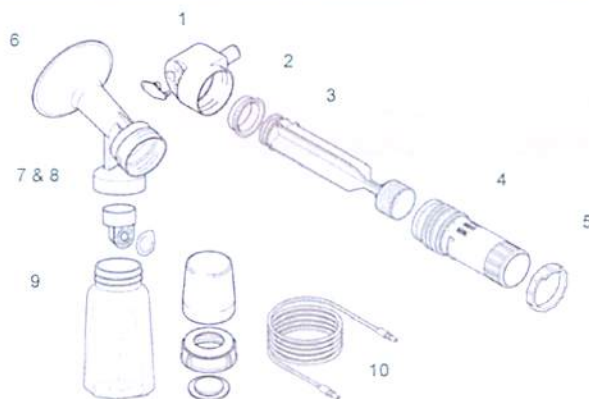
Head Office – 36-40 New Street, Ringwood VIC 3134 Telephone: (03) 9879 5022 Facsimile: (03) 9879 1598

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# Lactina™ Select BREASTPUMP **USER INSTRUCTIONS**



Pictured above....Lactina Select with Double Pump Kit



## ASSEMBLY

- If not already attached take valve (7) and attach membrane (8)
- Attach (7&8) to bottom of Breastshield (6) facing sideways.
- Screw Breastshield (6) with valve & membrane (7&8) to bottle (9).
- Attach Vacuum Regulator Ring (5) to Cylinder (4)
- Attach Rubber Seal (2) to Piston (3)
- Insert Piston with Rubber Seal attached (2&3) inside the Cylinder with Vacuum Regular Ring (4&5). Remember to keep both rubber parts at the same end.
- Now screw the piston/cylinder into the cylinder holder with port cap (1)
- Now its time to attach this section on to the Lactina Breastpump!
- Insert the Cylinder holder with Piston / Cylinder vertical, then lay in a horizontal position so you can open the Piston to push into Lactina Pumping Arm white U clamp.
- Now insert one end of Tubing (10) into cylinder holder (either top or bottom hole. The middle hole is the resting spot for the Port Cap only. If you are single pumping it is important to use the port cap to cover over the other hole so all the suction goes to one side.) Of course if you are double pumping the other piece of tubing will go into the other hole.
- The other end of the tubing is to be inserted into the back of the Breastshield.
- Now you are ready to express your precious breast milk.

## User Instructions

If Mum is able to follow the way a babe suckles at the breast when she uses a breast pump, the procedure will be more efficient, ie she will empty her breast quicker and spend less time pumping! When babe first attaches at the breast he/she will do quick, little sucks because he/she is hungry. For Mum, it is changing her hormone levels so she has a 'let-down' reflex – milk is now available in the breast. Once this occurs, baby changes his/her sucking to a slower, deeper pattern.

- Set the speed dial on the Lactina breast pump to 7 (fast)
- Turn the white vacuum regulator ring on the yellow cylinder to minimum
- Gently place breastshield over the nipple and turn on the machine
- Once Mum notices milk coming from the nipple (after about 2-4 minutes), slow the speed of the pump to between 1 and 4
- Now turn the white vacuum regulator ring on the yellow cylinder to a comfortable level between medium and maximum
- Spend only 12-15 minutes expressing each breast.

**CAUTION: Microwaving may destroy these products**

Breastmilk is a bodily fluid! For hygiene reasons, every customer must purchase their own milk collection kit.

These kits are for single patient use only and **should not** be shared between mothers

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